

NOW YOU CAN HAVE A SMOOTH, FLUID SWING LIKE THE TOUR PROS—WITH THIS MASTER CLASS FROM PGA TOUR COACH JOEY DIOVISALVI

Golf tips can only take you so far, this revolutionary golf-fitness book gives you:

- A guaranteed program from the Coach who has helped many pros, including Vijay Singh and Chris DiMarco
- The latest in biomechanics—the workout that will let you swing like a pro
- Assessments that determine strength, alignment, and balance
 - Specific exercises used by the PGA Tour Pros themselves
- A plan to take your swing to the next level—no matter what level you're at!

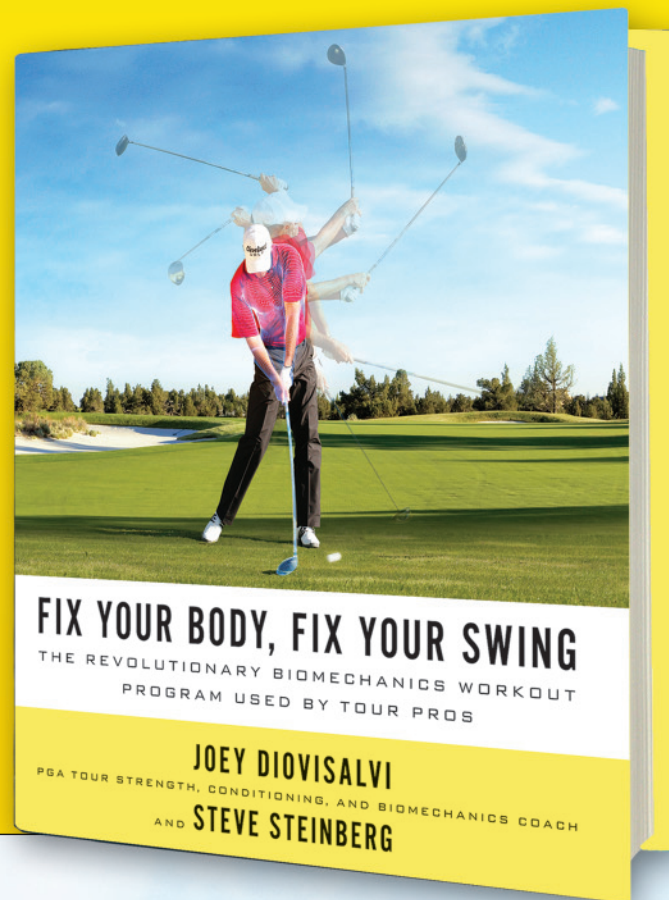


JOEY DIOVISALVI is the head strength, conditioning, and biomechanics coach at the PGA Tour Academy at TPC Sawgrass. He has been on the Tour for more than 10 years.

STEVE STEINBERG is a fitness writer and contributing editor at Men's Journal magazine.

“I've witnessed first-hand the way Joey works with his players. This book perfectly captures his passion for—and knowledge of—golf fitness.”

—ZACH JOHNSON, 2007 MASTERS CHAMPION



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“Golf fitness has had a huge impact on professional golf over the past ten years. This book will let you in on our plan to play better and have a longer career. Get to work.”

—DAVIS LOVE III, 1997 PGA CHAMPIONSHIP, AND ONE OF THE ALL-TIME MONEY LEADERS ON THE PGA TOUR